



# YOUR MENU Week ONE



Monday	Tuesday	Wednesday	Thursday	Friday
Beef burger Vegetable Chilli Baked Potato & Filling	Beef Chill & Rice Tuna Pasta Bake Chicken Wrap	Roast Turkey & Stuffing Roast Quorn Baked Potato & Filling	Teriyaki Chicken Cheese pastie Fish Wrap	Cheese & Tomato Pizza Chickpea Chana Curry Baked Potato & Filling
Wedges Rice Peas Sweetcorn	Mixed Vegetables Green Beans	Roast Potatoes Mashed Potatoes Broccoli Carrots	Rice New Potatoes Sweetcorn/ Peas	Chips Rice Mixed Vegetables Beans
Fresh seasonal salad bar with fresh bread available daily				
A daily selection of fresh fruit & fruit yoghurts				
Cookies	Chocolate Sponge & Custard	Fruit Crumble & Custard	Mousse Jam Donut	Cheese/Cracker Ice-cream

ADDITIONAL MENU OPTIONS AVAILABLE DAILY

Vegetarian options available daily.

For any allergen/dietary requirements please speak to The Catering Supervisor

MADE FRESH



# YOUR MENU Week TWO



Monday	Tuesday	Wednesday	Thursday	Friday
Sausage roll Bubble Fish Baked Potato & Filling	Beef Meatballs Fish Wrap Cheese Flan	Roast Chicken Fillet Or Quorn Roast & Stuffing Baked Potato & Filling	Chicken Curry Fish fingers Vegetable curry	Homemade Margherita Pizza Vegetable Samosa Baked Potato & Filling
Wedges Garlic Bread Peas Sweetcorn	Spaghetti New Potatoes Beans Mixed Vegetables	Roast Potatoes Carrots Broccoli	Naan Bread & Rice Wedges Peas Carrots	Chips Pasta Baked Beans Sweetcorn
Fresh seasonal salad bar with fresh bread available daily				
A daily selection of fresh fruit & fruit yoghurts				
Jam Sponge & Custard	flapjack	Chocolate Crunch & Custard	Anzac Biscuit Served With Milk	Chocolate Cracknel & Custard

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# YOUR MENU Week THREE



Monday	Tuesday	Wednesday	Thursday	Friday
Chicken & Vegetable Pie	Beef Lasagne	Roast Chicken Or Quorn Roast & Stuffing	Cottage Pie	Pizza
Fish	Fish Wraps	Quorn Roast & Stuffing	Fish	Vegetable Frittata
Baked Potato & Filling	Spinach Chickpea & Sweet Potato Curry	Quorn Fajita	Baked Potato & Filling	Quorn nuggets
Mashed Potatoes or New Potatoes	Garlic Bread Or Wedges	Roast Potato Mashed Potatoes	Herby Potatoes New Potatoes	Chunky Chips
Carrots		Carrots	Mix Vegetables	Pasta
Peas		Cabbage	Broccoli	Beans
Fresh seasonal salad bar with fresh bread available daily				
A daily selection of fresh fruit & fruit yoghurts				
Melting Moment Biscuit Served With Milk	Chocolate Sponge & Custard	Apple Crumble Custard	Rice Pudding Or Fruit	Cookies Or Ice-cream

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MADE FRESH



# YOUR MENU Week THREE



Macaroni Cheese Fish Cake Baked Potato & Filling	Beef Bolognese Fish Wraps Winter Vegetable Crumble	Roast Chicken Fillet & Stuffing Roast Quorn Baked Potato & Filling	Pork Sausage Quorn Sausage Vegetable lasagne	Cheese & Tomato Pizza Sweet-potato Puff Vegetable Quorn Enchiladas
Garlic Bread Wedges Peas Mixed Vegetables	Spaghetti Herby Diced Potatoes Sweetcorn /Peas	Roast Potato New Potato Cauliflower Carrots Green Beans	Mashed Potatoes Herby Diced Potatoes Broccoli Carrots	Chips Beans Sweetcorn

Fresh seasonal salad bar with fresh bread available daily

A daily selection of fresh fruit & fruit yoghurts

Strawberry Mousse	Shortbread/Custard	Carrot Cake & Topping	Jelly & Fruit	Apple Sponge & Custard
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