



## The Catholic School Pupil Profile and Prayer Links



Virtues	Pupils in a school in the Archdiocese of Birmingham are growing to be ...	Schools in the Archdiocese of Birmingham help their pupils grow...	Traditional prayers of the church and Cycle of Prayer
<b>Grateful &amp; Generous</b>	<b>Grateful</b> for their own gifts, for the gift of other people, and for the blessings of each day; and <b>generous</b> with their gifts, now and in the future.	By encouraging them to know and be <b>grateful</b> for all their gifts, developing them to the full so that they can be <b>generous</b> in the service of others.	Alleluia Magnificat The Memorare The Grail Prayer Prayer of St. Ignatius of Loyola Psalm 23: The Lord is my Shepherd Morning and end of day offerings Lunchtime prayers <i>The Harvest (Autumn)</i>
<b>Attentive &amp; Discerning</b>	<b>Attentive</b> to their experience and to their vocation; and <b>discerning</b> about the choices they make and the effects of those choices.	By promoting the practice of <b>attentive</b> reflection and <b>discerning</b> decision making: in teaching, in the examen, prayer and retreats; and through the practice and example of school leaders and staff.	The Confiteor Prayer to the Guardian Angel The Prayer of St. Richard of Chichester O Sacrament Most Holy St. Patrick's Breastplate The Examen Lectio Divina <i>Prayers for Vocations (Easter)</i>
<b>Compassionate &amp; Loving</b>	<b>Compassionate</b> towards others, near and far, especially the less fortunate; and <b>loving</b> by their just actions and forgiving words.	By being <b>compassionate</b> and <b>loving</b> in the way pupils are treated, especially when a pupil is in trouble; and by opening pupils' eyes to those who suffer poverty, injustice or violence.	Hail Mary Act of Love Prayers to the Holy Family <i>Migrants and Refugees (Advent/Christmas)</i> <i>Prayers for the sick and those who care for them (Winter)</i>
<b>Faith-filled &amp; Hopeful</b>	<b>Faith-filled</b> in their beliefs and <b>hopeful</b> for the future.	By passing on the living and <b>faith-filled</b> tradition of Jesus Christ; by having persevering faith in the pupils, and by encouraging them in turn, to have faith and <b>hope</b> in themselves and others.	The Sign of the Cross Our Father Gloria The Apostle's Creed Act of Faith Glory Be Eternal Rest

			Act of Hope <i>Peace on Earth (Winter)</i> <i>Christian Unity (Winter)</i>
<b>Eloquent &amp; Truthful</b>	<b>Eloquent</b> and <b>truthful</b> in what they say of themselves, the relations between people, and the world.	By developing an <b>eloquent</b> language which pupils can use to understand and articulate their emotions, beliefs, and questions, encouraged by the example of their teachers to be <b>truthful</b> in the way they represent themselves and speak about the world.	Act of Contrition Sorry prayers <i>Students and Teachers (Autumn)</i> <i>Young People (Autumn)</i> You can include Professions of Faith (as above)
<b>Learned &amp; Wise</b>	<b>Learned</b> , finding God in all things; and <b>wise</b> in the ways they use their learning for the common good.	By the breadth and depth of the curriculum; by excellence of teaching, and the creation of opportunities to become more <b>learned</b> and <b>wise</b> .	Come, Holy Spirit Serenity Prayer <i>Those who suffer persecution, oppression and denial of human rights (Summer)</i>
<b>Curious &amp; Active</b>	<b>Curious</b> about everything; and <b>active</b> in their engagement with the world, changing what they can for the better.	By leading pupils to be <b>curious</b> about the universe and all human activity, and to take increasing responsibility for their own learning, and by providing opportunities for them to be <b>active</b> in the life of the school, the Church, and the wider community.	Morning Offering Canticles of Creation of St. Francis <i>The Needy and Hungry of the World (Lent)</i> <i>Justice and Peace (Autumn)</i> (Prayerobics/sacred dance/sign language could be used as active prayer methods)
<b>Intentional &amp; Prophetic</b>	<b>Intentional</b> in the way they live and use the resources of the earth, guided by conscience; and <b>prophetic</b> in the example they set to others.	By being a school community which is <b>intentional</b> in its way of proceeding to build-up quality of life; and which is <b>prophetic</b> in the way it offers an alternative vision of education and the human person rooted in the gospel.	Benedictus Nunc Dimmittis The Litany of Saints Praying with the saints Lead, Kindly Light-words from a hymn written by Blessed John Henry Newman <i>The Spread of the Gospel (Autumn)</i>